TNT Elite All Stars Season 9
Program Policies and Expectations

Pricing, Fees & Financial Policies

1. Tuition & Payment Structure

- Season Tuition: Season tuition is $1,720 for the entire season. This amount can be paid in full or divided into eight (8) equal monthly payments due on the 1st of each month from September through March, with the first month including 2 payments (first & last month).
- Payment Method: All payments must be made through the iClass portal used during initial registration. A working credit card must remain on file in your iClass account for the duration of the season. Custom payment plans are not available.
- No Proration or Credits: Tuition is billed as an annual fee. Credits or prorated adjustments are not issued for any reason, including gym closures, missed practices, vacations, illness, or injuries.

2. Late Fees & Account Standing

- Late Payment Charges: Payments received after the 5th of the month will incur a $10 late fee. An additional $10 late fee is applied if payment is not received by the 15th of the month.
- Participation Ineligibility: Accounts past due by more than 7 days will result in the athlete being suspended from practices and competitions until all outstanding balances are settled, including program fees.
- Orders & Competition Holds: Outstanding balances will block uniform orders, incur vendor handling fees, and prevent competition registration.

3. Program Fee Payments

- Fee: Total amount of $1,080 and includes a uniform top (body shell included for select teams), skirt & bow, as well as all competition fees and coaches' fees. All other items, including, but not limited to, makeup, hair products & cheer sneakers, are not included.
- Payment Deadline: Program fee payments are split in half and charged with October & November Tuition. Tuition and program fee accounts must be in good standing for uniforms to be ordered.
- Order Processing & Vendor Fees: Custom uniform manufacturing takes up to 12 weeks. Late payments will delay orders, incur vendor handling fees, and render the athlete ineligible for competitions until the uniform is received.
- Non-Returnable Items: Uniforms and custom apparel are custom-fitted and strictly non-refundable, non-exchangeable, and non-returnable. TNT Elite is not responsible for fit issues after delivery or normal wear-and-tear (e.g., loss of rhinestones, color fading, or fabric tears).

4. Refund Policy & Program Exit Terms

- Non-Refundable Policy: All tuition, program fees, apparel payments, and competition expenses are 100% non-refundable under any circumstances. No refunds or credits will be issued if an athlete is injured, sick, chooses to quit, or is dismissed from the program.
- 30-Day Exit Notification: If an athlete chooses to leave the team before the end of the season, a formal 30-day written notice must be submitted via email to Program Director Becca (coachbecca@tntallstarcheer.com) and Dawn (tntgymnasticsnj@gmail.com).
- Re-Choreography Fee: Any athlete who quits or leaves the program after December 31st will be assessed a $350 re-choreography fee charged to the card on file.

Apparel

- Sizing & Order Requirements: Athletes will be sized using sample uniforms provided by the vendor under the direction of the Program Director. Tuition and program fee accounts must be in good standing before an athlete's order will be submitted. Uniform payments must be received in full no later than November 1st.

- Manufacturing Timelines & Late Fees: Custom apparel requires up to 12 weeks for manufacturing and delivery. Late payments will result in excluded orders, vendor handling fees, and athlete competition ineligibility until the full uniform is received.
- Distribution & Pickup Inspection: Apparel is distributed as a full set, and a parent or guardian must inspect, sign for, and pick up the items upon delivery. Any missing items or sizing discrepancies must be reported immediately at the time of pickup. TNT Elite is not responsible for any issues or missing items not reported at pickup.
- Custom Item Policy & Care: Custom uniforms and program gear are strictly non-refundable, non-exchangeable, and non-returnable. TNT Elite is not responsible for changes in fit after pickup or normal wear-and-tear (e.g., missing rhinestones, fabric fading, or rips/tears). Parents and athletes are responsible for maintaining item quality throughout the season.
- Third-Party Vendor Contact Prohibition: Parents and athletes are strictly prohibited from contacting uniform vendors or apparel suppliers for any reason regarding practice wear, uniforms, warm-ups, or bows. All inquiries or issues must be directed to TNT staff.
- Unclaimed Property & Lost and Found: Distributed apparel not retrieved within 30 days of delivery, as well as personal belongings left in the gym, will be placed in Lost & Found. Unclaimed items will be held for 30 days, after which they are subject to discard or reuse at TNT Elite's discretion.

1. Practice Wear

General Attire Requirements:

- Clothing: Fitted athletic wear, including tight-fitting athletic shorts (e.g., Nike Pro style), TNT T-shirts or tank tops, and appropriate athletic undergarments.
- Footwear: Clean, white cheer sneakers are mandatory at all times during practice. Cheer shoes must not be worn outside the gym.
- Hair: Hair must be pulled back securely into a high ponytail off the face and shoulders before the start of practice.

Strict Safety Restrictions:

- No Jewelry Policy: For athlete safety during stunting and tumbling, no jewelry of any kind (including earrings, watches, smartwatches, rings, bracelets, or necklaces) is permitted during practice.
- No Taping/Band-Aids: Per program safety rules, Band-Aids or tape may not be used to cover new piercings; all jewelry must be completely removed before practice.

Attendance

Cheerleading is an interdependent team sport where every athlete's presence is vital to team safety, stunt execution, and routine progression. While TNT Elite strives to work respectfully with outside activities during regular practice weeks, full attendance during competition weeks is strictly mandatory.

1. Regular Season Practice Expectations

- Team Priority: Attendance at regularly scheduled practices must be made a priority. While TNT Elite works to accommodate outside activity conflicts, athletes must attend at least one (1) practice per week, and conflicts cannot extend across the entire season.
- Spot & Position Assurance: Because practices must move forward regardless of absences, missing athletes are not guaranteed their spots or routine positions upon return. Coaches reserve the right to place fill-in athletes into routine positions during any absence.
- Absence Notification Procedure: All tardiness or absences must be submitted via the online form in the Parent Corner. www.TNTAllStarCheer.com/parentcorner
- Gym Closures & Regular Schedule: Unless a closure date is explicitly published on the official gym calendar or communicated directly by your coach, families should always assume regularly scheduled practices will occur.

2. Mandatory Competition Week (7-Day Schedule Blackout)

- 7-Day Schedule Blackout: The seven (7) days leading up to any competition are strictly mandatory. Families are required to block out this entire 7-day period from any outside plans, vacations, or non-essential conflicts.
- Full Attendance & Participation Required: Athletes must attend all competition week practices for their full duration and participate at full physical capacity (including all tumbling and stunting elements).
- Strict Zero-Exception Enforcement: Missing any portion of a competition week practice without prior Program Director authorization will result in the athlete being ineligible to compete at that event. Routine positions will be reassigned at the coach's discretion, and no refunds or credits will be issued.

3. Illness & Injury Policy

- Competition Week Sickness: Any athlete who is sick on the Monday of a competition week must present a formal doctor's note. Without a medical note, no consideration will be granted, and the athlete will be strictly ineligible to compete. The Program Director and Head Coach hold final authority on all team decisions.
- Mandatory Pre-Competition Practice: A sick athlete granted an excused absence must be present and fully participating by Wednesday (or the final practice before the competition) to be floor-eligible.
- Injured Athlete Practice & Event Attendance: Injured athletes are still required to attend all practices and competitions (unless explicitly deemed unsafe by a doctor) to stay current on routine changes, material updates, and team support.
- Medical Documentation: TNT Elite staff must be notified immediately if an athlete seeks medical care. A doctor's note is required for an athlete to sit out of practice and is strictly required to clear an athlete to resume physical participation.
- Long-Term Injury/Sickness & Roster Adjustments: In cases of extended illness or injury, the athlete may be required to sit out for a longer duration based on their return timeline and upcoming competition dates.
- Tuition & Competition Gifts: Full tuition remains due during periods of injury or illness, and no refunds or credits will be issued under any circumstances. Athletes who do not perform on the competition floor will not receive awards or gifts from that event.

4. Travel & Vacationing Policy

- Competition Season Travel Restrictions: Vacations during competition season (January through April) are strongly discouraged. TNT Elite does not observe a Spring Break.
- Post-Holiday Practice Expectations: Families should expect an additional weekend practice scheduled during January as teams return from Christmas break.
- Schedule Releases & Reporting: Practice schedules and preliminary competition schedules are released at the start of the season. While TNT Elite makes every effort to maintain schedule consistency, schedules are subject to change.

- Absence Reporting: Any planned vacations or absences must be submitted via the absence form located on the Parent Corner as early as possible. www.TNTAllStarCheer.com/parentcorner

5. Outside Activities, Academics & Scheduling Conflicts

- Program Priority & Academic Balance: TNT Elite encourages athletes to be well-rounded individuals. However, choosing TNT Elite means making the program a primary commitment alongside academic obligations. Athletes are expected to manage their schoolwork and practice schedules responsibly.
- Dual-Sport & Multi-Activity Athletes: Parents of athletes participating in outside sports or activities are expected to discuss potential scheduling conflicts directly with their respective coaches. While TNT Elite cannot guarantee every accommodation, staff will attempt to establish a workable agreement provided both parties remain flexible, respectful, and committed to prioritizing TNT.
- Personal & Family Events: Family gatherings, birthday parties, and social functions must be scheduled around practice times. School functions or mandatory conflicts must be coordinated with the Director as far in advance as possible.

6. Religious Holidays

- Advance Notification Requirement: TNT Elite respects the religious observances of our families. Any absences for religious holidays must be communicated to TNT staff at least two (2) weeks in advance.

Athlete Expectations

1. Practice Attire & Safety Standards

- Athletes are expected to arrive fully dressed and ready for practice in proper athletic attire. Proper attire ensures athlete safety, freedom of movement, and team discipline.

2. Use of Electronics & Personal Belongings

- Cell Phone & Device Restriction: The use of cell phones, smartwatches, or electronic devices is strictly prohibited during practice hours. Athletes may bring devices to the gym for emergency or parent communication before/after practice, but devices must remain stowed in gear bags.
- Staff Safeguarding: TNT staff reserve the right to collect and hold athlete phones/devices during practice to prevent distractions.
- Lost & Unclaimed Items: TNT Elite is not responsible for lost or stolen personal belongings. Any items left in the gym will be placed in Lost & Found and held for 30 days. Unclaimed items after 30 days are subject to disposal or program reuse.

3. Competition Attire & Presentation Standards

- Venue Arrival Requirement: Athletes must arrive at the competition venue in full competition uniform (including full hair, makeup, uniform, bow, and cheer sneakers).
- Approved Outerwear: Weather-appropriate outerwear (such as a coat or black leggings over the uniform) is permitted when traveling into the venue. Pajama pants, UGG boots, slippers, blankets, or inappropriate casual attire are strictly prohibited at competition venues.
- Awards Ceremony Attire: Athletes are required to be in FULL competition uniform (complete with bow and cheer sneakers) for all awards ceremonies. No warm-up jackets, slides, or partial uniforms are permitted on stage or in awards viewing areas.

Parent & Athlete Social Media & Behavioral Expectations

1. Program Culture & Decision Hierarchy

- Decision Hierarchy: Program decisions are made in the following order of priority: first, what is best for the overall program; second, what is best for the team; and third, what is best for the individual athlete. Every decision is made with careful thought to promote team success and safety.
- Final Authority: The Director of TNT Elite All Stars holds final decision-making authority on all program matters.

- Professional Conflict Resolution: TNT staff will not engage in aggressive behavior via email, text, phone, or in person. Staff will interact calmly and constructively, and all discussions must take place in a private, 1-on-1 setting with only the directly involved parties. Issues must be addressed directly with staff rather than discussed negatively with other families.

2. Code of Conduct & Prohibited Behaviors

TNT Elite maintains a zero-tolerance policy for drama, bullying, disrespect, or disruptive behavior from any athlete, parent, or family member.

- Prohibited Actions: The following behaviors are strictly prohibited during practices, clinics, competitions, digital spaces, or TNT events:
    - Verbal, physical, or digital disrespect toward staff, parents, athletes, or event officials.
    - Fighting, arguing, bullying, foul language, horseplay, violence, or lewd acts.
    - Booing or displaying unsportsmanlike conduct toward opponents or other TNT teams.
    - Unauthorized distribution of promotional materials, commercial products, or invitations for outside private events that do not include the entire team.
    - Unauthorized use of cell phones during practice.
- Sportsmanship & Program Unity: “When one of us wins, we all win.” Disrespect toward other teams within the TNT program will not be tolerated in the gym, on social media, or at competition awards. Disappointment must be handled privately at home or in your vehicle.
- Disciplinary Action: Any violation of behavioral standards is subject to immediate disciplinary action, up to and including dismissal from the program without refund.

3. Social Media & Digital Conduct Policy

An athlete’s and parent’s online presence is a direct reflection of the TNT Elite program.

- Positive Digital Representation: Athletes and parents must refrain from posting, sharing, or distributing negative, inappropriate, or confidential information on any social media platform (including TikTok, Instagram, Snapchat, Facebook, X/Twitter, live streams, or public forums).
- Prohibition on Public Airing of Grievances: Social media must never be used to air complaints, criticize coaches, comment on routine decisions, or target teammates. All concerns must be brought directly to TNT staff.
- Monitoring & Enforcement: While staff members do not actively police personal accounts, any reported digital misconduct, online bullying, or negative posts brought to staff attention will be investigated and may result in immediate dismissal from the program.

4. Group Messaging Policy

- Discouragement of Group Chats: TNT Elite strongly discourages the creation or use of parent or athlete group messaging systems (e.g., group texts, WhatsApp).
- Morale & Toxicity Prevention: While group chats often begin with good intentions, they frequently lead to miscommunication, gossip, and team toxicity that damage athlete morale and team unity.
- Official Communication: All team logistics and updates will be handled exclusively through official TNT channels (email, text, and BAND).

5. Roles & Responsibilities

Role of Coaches:

- Put athletes first by leading with character, integrity, and positive example.
- Utilize a positive-demanding coaching style that challenges athletes safely.
- Provide a fun, safe, and structured environment focused on healthy competition and skill progression.

Role of Athletes:

- Cheer for fun, display class, and practice good sportsmanship in both victory and defeat.
- Treat all teammates, coaches, event staff, and opponents with respect.
- Take personal accountability for actions, practice wear, and focus.

Role of Parents:

- Support the team with a "team-first" perspective, encouraging athletes through challenges.
- Empower athletes to communicate directly with coaches regarding practice concerns.
- Refrain from listening to, participating in, or instigating gossip, as it damages team unity and chemistry.
- Refrain from sideline coaching or expressing opinions during practice sessions.

Practice Drop-Off, Pick-Up & Parent Viewing Expectations

We greatly appreciate and encourage the support of our TNT families throughout the season. To ensure athlete safety, focus, and smooth operations, please review the following practice guidelines:

- Parent Viewing & Silent Observer Policy: Parents are welcome to observe practice, provided the viewing area rules are respected. Spectators must remain quiet and stationary, and refrain from coaching from the sidelines or attempting to get their athlete's attention.
- Safety & Non-Interference: Distractions during stunt or tumbling sequences create significant safety risks. If a parent's presence causes a distraction for their athlete or the team, staff reserves the right to close that specific practice session.
- Empowering Direct Communication: If an athlete has a question, issue, or physical concern during practice, we encourage parents to empower their child to speak directly with their coach. This fosters self-advocacy, confidence, and real-time resolution in a safe environment.
- Drop-Off Expectations: Athletes must wait quietly in the lobby until their coach calls the team in for practice. Drop-offs more than 10 minutes before scheduled practice times require prior coach approval.
- On-Time Pick-Up Requirement: Athletes must be picked up promptly at the conclusion of practice. Because two staff members are required to remain until all athletes are retrieved, a late fee of $50 per 15 minutes will be charged to your account for any late pick-ups.

Communications Expectations

1. Primary Communication Channels & Schedules

- Official Channels: All official program communications are conducted via email (info@tntallstarcheer.com) and the main program line (609-850-4494). Staff members' personal cell phone numbers are private; parents and athletes are strictly prohibited from contacting staff via personal cell phones.
- Weekly & Event Updates: General program updates are emailed every Sunday. Urgent announcements or last-minute adjustments are communicated via text message. Competition arrival times and schedules are distributed by the Thursday before each event.
- Standard Response Window: Routine inquiries are reviewed during regular administrative hours, with responses provided within 24 to 72 hours. Parents are asked to check email announcements, the Parent Corner, and the BAND App before reaching out to staff.

2. Contact Hours & Absence Reporting

- Standard Hours & 6:00 PM Cut-Off: We monitor communication until 6:00 PM on business days. Non-emergency messages received after 6:00 PM or on weekends will be addressed on the following business day.
- Practice Absence Reporting: Report unavoidable practice absences or tardiness via the online form by 3:00 PM on the day of practice to allow coaches time to adjust plans.
- Absences should be reported through the Parent Corner at all times. www.TNTAllStarCheer.com/parentcorner

3. Emergency Contact Guidelines

- Defining After-Hours Emergencies: Contact after 6:00 PM or on weekends is restricted strictly to urgent competition-day or medical emergencies (e.g., severe sudden illness, injury, or severe transit delays on the morning of an event).
- Competition Day Rules: During competition events, coaches are fully dedicated to athlete safety, warm-ups, and performances. Coaches must not be contacted during an event except in the case of a true emergency.

4. Parent Guidelines, Cooling-Off Rules & Communication Conduct

- Parent/Guardian Only: All communications regarding athlete schedule, progress, or team matters must originate from a parent or legal guardian. Athletes are not permitted to text or contact staff directly.
- 24-Hour Cooling-Off Rule: If an issue or concern arises during practice or at a competition, parents must observe a mandatory 24-hour cooling-off period before contacting staff (unless it is an immediate emergency).
- Professional 1-on-1 Discussions: Staff will interact only in a calm, constructive manner and will not engage with aggressive behavior. All concerns must be addressed directly with staff in a private, 1-on-1 setting.
- Group Messaging Policy: TNT Elite strongly discourages parent or athlete group chats (e.g., group texts, WhatsApp) to protect team morale and prevent negative dynamics or toxicity.

Competition Expectations

1. Mandatory Attendance & Competition Schedules

- Mandatory Participation: All competitions on the program schedule are strictly mandatory. Cheerleading is a team sport where every athlete's presence is required for routine safety and execution. Repeated or unexcused competition absences will result in removal from the team without refund.
- Block Out the Full Day: Families must block out the entire day for scheduled competition dates. Finalized arrival, warm-up, performance, and awards times are determined by event producers and are often not available until 3 days to 2 weeks prior to the event.
- Schedule Releases: Preliminary competition schedules are released at the start of the season. While TNT Elite works to maintain consistency, schedules are subject to change based on event producer updates.

2. Competition Readiness & Attire Standards

- "Competition-Ready" Arrival: Arrival times are strict requirements, not recommendations. Athletes must arrive at the venue fully dressed in their complete competition uniform, including hair, makeup, bow, and cheer sneakers. If makeup or hair styling is needed on-site, families must arrive before the designated arrival time. Lateness may prevent the athlete or the entire team from competing.
- Approved Outerwear & Venue Wear: Athletes may wear coats or black leggings over their uniform for travel into the venue. Pajama pants, UGG boots, slippers, blankets, or casual attire are strictly prohibited at competition venues.
- Zero Jewelry / Piercing Policy: No jewelry of any kind (including earrings, watches, or bracelets) is allowed on the competition floor. Per competition safety rules, Band-Aids or tape may not be used to cover piercings; all jewelry must be completely removed.
- Awards Ceremony Attire: Athletes are required to be in FULL competition uniform (including bow and cheer shoes) on stage and in viewing areas for all awards ceremonies. Warm-up jackets, slides, or partial uniforms are not permitted on stage.

3. Chaperone Requirements & Spectator Guidelines

- Parent/Chaperone Responsibility: Every athlete must have a parent or designated adult chaperone in attendance at competitions. TNT staff is responsible for athletes strictly during designated warm-up, performance, and awards periods. Spectator admission fees are charged by event producers and are not included in TNT tuition or program fees.
- Restricted Areas & Athlete Safety: Parents, siblings, and spectators are strictly prohibited from entering warm-up areas, backstage corridors, or the competition floor during awards. Following performances or awards, coaches will gather teams and escort athletes to a designated area to reunite with parents safely.
- Program Unity & Cheering: Parents and spectators are expected to cheer enthusiastically for ALL TNT Elite teams. Families are encouraged to sit together in designated viewing areas (promoted via the BAND App) to show unified program support.

4. Severe Weather Policy

- Event Producer Authority: Competitions take place during winter and spring months, making inclement weather possible. TNT Elite follows the official decisions of the event producer. If the event producer does not cancel or delay the event due to weather, TNT Elite will attend as scheduled.

5. Competition Day Communication & 24–48 Hour Waiting Period

- No Contact During Events: Coaches are fully occupied managing teams, warm-ups, and performances. Parents must not call or text coaches during a competition unless there is an urgent emergency.
- 24–48 Hour Post-Event Waiting Period: If concerns arise regarding a performance, routine placement, or event situation, parents must observe a mandatory 24- to 48-hour waiting period following the conclusion of the event before contacting staff. Staff members require this time to rest and reset after full competition days.

Team Placement, Routine Adjustments & Position Changes

1. Team Placement & Progress Discussions

- Discretionary Placement: Athletes are evaluated and assigned to teams suitable for their age, skill execution, and maturity, strictly at the discretion of the TNT Elite staff.
- Individual Development: While parents are always encouraged to discuss their own athlete's personal progress and skill development, TNT staff will not engage in discussions regarding why an athlete was not placed on a specific requested team.
- Athlete Privacy Standard: TNT Elite staff will never discuss another athlete's progress, skills, placement, or behavioral matters with any other parent under any circumstances.

2. Routine & Position Adjustments

- Team-First Priority: Teams and routines are created strictly for the collective success and safety of the entire group. Routine choreography, stunt groupings, and position assignments are not open for debate.
- Right to Modify: TNT Elite reserves the right to adjust routines, team rosters, levels, and individual positions at any time—with or without prior notice—to maintain team competitiveness and performance standards.
- Skill & Safety Readiness: If an athlete demonstrates recurring errors, inconsistent execution, or technique that is not competition-ready during stunting, tumbling, or jumping elements, coaches reserve the right to modify their position or floor role.

Program & Competitive Philosophy

"Perseverance is the hard work you do after you get tired of doing the hard work you already did." – Newt Gingrich

- Safety & Skill Progression: The physical safety and athletic progression of every athlete are our highest priorities. We evaluate athletes carefully to build the most competitive teams possible. Our core training philosophy is to compete at a level where athletes demonstrate full skill mastery while training skills one level above. This builds proper technique, fosters strong confidence, and ensures a safe training environment.
- Character & Life Lessons: While competitive achievement is always a goal, our primary mission is developing strong young adults with exceptional character. Through cheerleading, athletes learn essential life lessons in perseverance, accountability, self-confidence, and overcoming adversity.
- The Parent Partnership: Learning to navigate challenges and overcome disappointment is an essential part of athletic growth. We rely on parent support to reinforce resilience, team unity, and positive sportsmanship at home. Together, we achieve more.

Team Bonding & Program Events

TNT Elite All Stars encourages positive team connection and camaraderie. However, to ensure athlete safety, program consistency, and brand integrity:

- Official Team Bonding: Team bonding activities are strictly permitted and recognized as official TNT Elite events only when coordinated directly with the TNT Cheer Program Director and when official TNT Staff is present. The use of a team name or the program name directly associated with an event is prohibited unless coordinated by the TNT Cheer Program.
- Unofficial Gatherings: Any other gatherings, private parties, or social events organized outside of Director coordination and TNT Staff presence are not considered TNT events or official team bonding.

- Use of Program Name & Branding: The TNT Elite All-Star Cheerleading name, team names, logos, and images are protected property. All events, activities, apparel, or materials bearing the TNT name or team names must be produced and authorized strictly through the TNT program.
- Invitations & Inclusivity: Handing out invitations or promotional materials at the gym for private gatherings or outside events that do not include the entire team is strictly prohibited.

Trademark & Logo

The 'TNT Elite All-Star Cheerleading' name, logo, and images are the property of TNT Elite, Inc. and are protected by federal copyright laws. No reproduction of any name, logo, or image is permitted without the express written consent of the director or owner of TNT Elite, Inc. This includes the use of name, logo, or images on t-shirts, jackets, bags, or any other items on which they may be printed or used for distribution. Official TNT Elite merchandise is available at select times throughout the year for purchase. Any unauthorized use of the name, logo, or images will be subject to confiscation of items and a $35 fine per item, automatically charged to your account.

Staff Training & Child Safety

Here at TNT Elite, each staff member is trained on Safe Sport. We must protect our athletes against any predators, and we take the protection of our athletes seriously. If at any time your athlete feels uncomfortable with any staff member, it is to be brought to the attention of the director immediately so that the necessary actions can be taken. TNT will open an in-house investigation into the allegation and cooperate with the athlete and their family to the fullest extent.

Additionally, all staff members will have their CPR/First Aid certification through the American Red Cross. The physical and mental well-being of your athletes is of the highest priority at TNT Elite All Stars. We promote open communication and retain the confidentiality of any information shared with the staff at TNT Elite All Stars. Our staff is here to help athletes grow not only in the sport of cheerleading but also as well-rounded young adults.

Code of Conduct

Role of Coaches:

TNT Elite coaches are highly trained, motivated, and committed to the success of your athlete.

You can expect the following:

- They coach for the love of the sport and the athlete, by always putting the athletes first.
- Lead with character and by example.
- Develop a positive-demanding coaching style.
- Remain safe and realistic with the athlete's progression, while also challenging the athlete to reach his/her potential.
- Strive to provide a fun, safe, and overall positive experience for your athlete while focusing on the importance of healthy competition.

Role of Athletes:

These expectations will be strictly enforced during practices, clinics, competitions, and any other TNT Elite events. We expect the following from ALL athletes as members of TNT Elite All Stars:

- Cheer for FUN!!
- Be gracious when you win and graceful when you lose.
- Treat fellow teammates, coaches, and staff with respect. Put your team first.
- Be accountable for your own actions.
- ALWAYS show good sportsmanship and class.
- Refrain from using any social media to distribute negative or inappropriate information that could be detrimental to yourself, your family, and the TNT Elite reputation in any way. These are grounds for immediate dismissal from the program.

Role of Parents:

Parents are expected to:

- Do everything possible to make the athletic experience positive for your child and others.
- View the routine with team goals in mind.
- Be an encouragement and encourage athletes to keep their perspective in both victory and defeat.
- Encourage their athletes to always treat fellow parents, teammates, and coaches with respect.
- Not express their opinions during practice or coach their athlete from the sideline or viewing areas. Any questions or concerns should be directly addressed to the coaches.
- Parents should not listen to, participate in, or instigate gossip. It is detrimental to our team unity and chemistry.
- Refrain from using any social media to distribute negative or inappropriate information that could be detrimental to yourself, your family, and the TNT Elite reputation in any way. These are grounds for immediate dismissal of your athlete(s) from the program.

TNT Elite All-Star Commitment Statement

Commitment from the Parents

✔ We understand the commitment that we are making as a family to the TNT Elite All-Star coaches and other team members.
✔ We will participate for the entire year from September 2026 until the Final Competition in May 2027. This includes preseason (Showcase) and regular season (Competition Schedule).
✔ If, for any reason, circumstances occur that require our withdrawal from the program, we do not expect any refund of fees or competition expenses.
✔ We understand that any absences, including doctor's appointments or mandatory school functions, must be submitted via the online form in the Parent Corner at www.TNTAllStarCheer.com/parentcorner.
✔ We understand that any payments that are not paid on their due date will prevent our athlete from participating in practice and competitions.
✔ We understand that there are 1-day local competitions that every All-Star is required to attend, and we will have our All-Star there ON TIME.
✔ We understand that there may be severe weather on the weekends for these competitions, and if the event is NOT canceled due to the weather, we will be expected to attend. If our athlete does not attend, we understand that their role in the routine may be replaced by another athlete or removed at the coach's discretion.
✔ We understand that a cheerleader can be dismissed from the team for breaking the behavior policy.
✔ We understand that a cheerleader may not be allowed to compete if they miss either practice the week before a competition, and that there will be no refunds.
✔ We understand that consistent, negative conversations will not be tolerated, and if it becomes a detriment to team unity and chemistry, the cheerleader or parents who participated in said behavior will be dismissed from the program.
✔ We will always promote good sportsmanship.
✔ We also understand that TNT Elite All Stars reserves the right to dismiss our child or us from the gym for inappropriate behavior.
✔ We agree to travel to all events on our schedule.
✔ We have read both the financial packet and the Program Policies and understand their contents.
✔ We understand our role as a parent as listed in the Program Policies.

Commitment from the Athletes

✔ I understand the commitment that I am making as an athlete to the TNT Elite All-Star coaches and other All-Star team members.

✔ I will participate for the entire year from September 2026 until the Final Competition in May 2027. This includes Showcase and regular season (Competition Schedule).

✔ I understand that if I participate in activities other than TNT Elite All Stars, my TNT Elite All Stars Team will be a priority as well.

✔ I will have good sportsmanship towards my fellow teammates and other competitors while at competitions.

✔ I agree to set a good example by having a good attitude.

✔ I understand that there are 1-day local competitions that every cheerleader is required to attend, and I promise to show up ON TIME.

✔ I understand I can be dismissed from the team for breaking the attendance policy and behavior policy.

✔ I understand that I may not be allowed to compete if I miss either practice the week before a competition.

✔ I understand that consistent, negative conversations will not be tolerated, and if it becomes a detriment to team unity and chemistry, I will be dismissed from the program.

✔ I understand that TNT Elite All Stars reserves the right to dismiss me from the squad for inappropriate behavior.

✔ I understand my role as an athlete of TNT Elite All Stars as listed in the Program Policies.

✔ I understand that my presence on social media can be a direct reflection of our program. This includes TikTok, Instagram, Snapchat, Facebook, X/Twitter, any live streams, or other social media platforms. I understand and agree that if my social media presence shows inappropriate content OR negative talk of my team, members of my team, or my gym, I am subject to removal from the program for violating my commitment to my team or program.